

Flyer english:

## **About us**

Who we are:

Arbeit und Leben (Work and Life) is an institution providing civic education for youth and adults. It's supported by the Federation of German Trade Unions and adult education centres.

ARBEIT UND LEBEN is a non-profit and non-governmental organization.

ARBEIT UND LEBEN in Mecklenburg-Vorpommern (Mecklenburg-West-Pommern) was established in 1991. It's objective is strengthening and improving civil Society by means of education.

What we provide:

ARBEIT UND LEBEN offers educational courses, seminars, study-trips and projects which focus on:

Discuss and analyse socially relevant issues

Enhancing personal and social competences

Acquiring foreign languages proficiently together with intercultural awareness and competence

Improving vocational qualifications and promoting measures for labor and social integrations

Promoting awareness of democracy and participation in politics

To motivate people and enable them to give critical thought to political and social issues and play an active part in political life.

What we aim for:

With our educational program, we aim at contributing to the development of work and life by focussing on social justice, equal opportunity and solidarity while projecting toward to democratic culture.

The base of our educational methods includes the interests and everyday situations of employees, trainees, the unemployed, migrants, children and young adults' work committees.

We also address children and adults who are considered to be educationally disadvantaged because of their specific living and working conditions. Our courses and activities are open to all interested persons.

Cooperations and processes

We cooperate with organizations and institutions in Germany, Europe and other countries which are active in the field of adult or youth education.

We are developing projects such as:

Intercultural education, lifelong learning and gender issues.

We improve our work through a continual process of revision, adaptation and development through activities designed to assure quality management in education.

Gender –Mainstreaming is implemented in planing and realization and structuring the work, organization and personal development activities.